

Tips for Parents

- Get started on your services as soon as possible, and don't just attend, but truly engage in them
- Come to court with good hygiene and in appropriate clothing
- Keep a log of all appointments, visits, and accomplishments
- Stay in touch with your stakeholders regularly
- Keep all appointments and classes in a calendar to help remember your schedule
- Avoid posting on social media during an open case, and do not post about your case at all
- Bring everything your child(ren) could need to your family time visits, such as snacks, diapers, and activities
- If needing to reschedule an appointment or visit, call at least 24 hours ahead
- Build a healthy support system, including utilizing P4P support
- Remember that the only things you can control are your actions, so focus on that

These tips and many more are covered in Dependency 101. Parent Allies are also available to provide support and information on an ongoing basis.

**People
Change**



**Families
Reunite**

“It felt nice knowing someone truly could relate to my situation and the fact that people make mistakes.”

-Parent expressing gratitude for P4P support

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Parents 
for Parents
Supporting families in the child welfare system

A peer mentorship program for parents currently involved in the child welfare system by parents who have been in your shoes

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Supporting
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Parents Supporting Parents

Notes



<https://www.childrenshomesociety.org/>



Parents for Parents—who we are and what we do:

Parents for Parents (P4P) is a peer mentoring program designed to provide support and education about navigating the child welfare system and court process. P4P is comprised of Parent Allies, and all Parent Allies have had their own dependency cases and found successful resolution. We have the unique experience of knowing what it's like to go through dependency and get to the other side. We offer support, such as attending court hearings with parents and offering electronic mentoring, and connecting parents to community resources. We also share our own stories to offer hope for what can come in the future.

What is Dependency 101?



- A one-time informational class offered on a monthly basis
- Learn about the dependency process, how court works, and how to interact with the different stakeholders that play a role
- Get tips for success and how to have good visits
- Hear a message of hope from Parent Allies telling their own stories
- Hear from stakeholders about their roles and their advice for success

